



PANTHER PRESS

May 2018 – Days Park

Director's Message

Dear EVCS Families,

EVCS is proud to be a school that places a strong emphasis on growth and progress. We are intentional in our efforts to promote a "growth mindset" in our school. But what exactly is a "growth mindset?"

Dr. Carol Dweck, a psychologist from Stanford University, spent decades researching ideas about intelligence and abilities. She discovered that some people believe that intelligence and abilities are unchangeable – a "fixed mindset." "I'm not good at math!" or "I'm not a math person," are examples of "fixed mindset" statements.

She also discovered that some people believe that intelligence can grow through effort – a "growth mindset." "At first, math was confusing to me, but I studied hard and practiced every day, and now I understand it much better," is an example of a "growth mindset" statement.

One way that we can work together in promoting a growth mindset is in the way we praise or acknowledge our children. Take a look at the "Say This, Not That" chart in this link (and hover over the statements to see the "why" behind each statement:

<https://www.mindsetworks.com/parents/growth-mindset-parenting>

Example: "I can see you worked so hard on this!" (growth mindset) vs. "You are so smart!" (fixed mindset)

As parents and teachers, we can also model a growth mindset by encouraging risk-taking and mistakes as an opportunity for learning. This may be uncomfortable at times. We can help children persevere to get to the "aha! moment" without rescuing them from the struggle, because that's where the deep learning happens.

If you're interested in finding out more about Mindset, the Mindset Works website is a wealth of information on this fascinating topic.

<https://www.mindsetworks.com/science/>

As always, thank you for your partnership and support in your child's education.

Happy Spring!

Warmly,
Danielle Bruno, Director

News and Information

EVCS Teacher Appreciation Week: May 14-18

Look for information about celebrating our teachers coming from the CA soon!

Important Reminders

- Thursday, May 17 is an Early Dismissal (12:30 PM) day for Parent-Teacher conferences. Students will be dismissed according to the regular dismissal plan unless the office is notified of a change. Please remember to provide Ms. Norlen with any dismissal changes at least one day in advance. Thank you.
- If you have not yet submitted your intent to re-enroll form to the main office, please do so as soon as possible. Thank you!

May Calendar

Please see attached.